

# CNLPOEACH

*We have now been in business for 31 years.  
Thank You for continuing to learn, grow and succeed with us!*

Quarterly Newsletter **May 2013**

## Advanced Practitioner Certification Training

What are your *goals*? What are your *dreams*? What would you ask for if you knew you are going to get it? Perhaps you would ask for a new career, a trip around the world or a stable, loving relationship. All of these and **much more** are possible and have been achieved by students in the **Advanced Practitioner Certification Training (APCT)**. New students are welcome to start in Weekend 3 of this journey into **excellence** commencing Friday, June 21st, 2013.

### Course Synopsis

This is an intense, immensely rewarding six month course. NLP Level ONE is not a prerequisite however, it is required for certification.

*What one does inside shows up outside. What one sees outside is what one is doing inside.*

### Weekend 3: June 21-23, 2013

- ◆ Belief Changes
- ◆ Reframing
- ◆ Specific Strategy Work, Elicitation & Installation
- ◆ Discovering & Removing Self-Limiting Beliefs and Failure Loops
- ◆ Expanding Personal Power

### Weekend 4: July 26-28, 2013

- ◆ Submodalities and Money
- ◆ Using the newest techniques from Richard Bandler, i.e., Belief Change, Swish Patterns and Time Line Therapy™. We devote this weekend to bringing money into your life.



### Weekend 5: August 23-25, 2013

- ◆ Future Pacing
- ◆ Building Your Five-Year Plan
- ◆ Change Work Techniques
- ◆ Examining Success Models
- ◆ Balancing Energies
- ◆ Team Strategy Games
- ◆ Intensive ROPES Course (by choice)

### Weekend 6: September 13-15, 2013

- ◆ Handling Mental, Physical and Emotional Health Issues
- ◆ Learning when and how to trust your own unconscious mind
- ◆ Executive ESP, quantum thinking, right brain training
- ◆ Final "Exams" and Review
- ◆ Graduation & Next Step

*Class hours: Friday 7 pm to 10 pm  
Saturday & Sunday 10 am to 6 pm*

Tuition: \$2,995 or \$500 per weekend  
Payment Plans & Discounts Available  
Call us today! (972) 931-9984

## NEW LOCATION

We moved! You can still reach us at the same phone numbers, email and website as before, listed at the bottom of this page.

From the position of the light fixtures to the position and size of the windows, our new space boasts a curiously similar setup to our previous home of nearly two decades.

Join us in class:

**Courtyard by Marriott**  
4901 W PLANO PARKWAY  
PLANO, TEXAS 75093  
972-867-8000

## A REQUEST FOR YOU

This newsletter is made for you quarterly and we would like to know how you would prefer to receive it. Would you like it mailed to you? E-mailed? Contact us and let us know.

### IN THIS ISSUE: We Learn by Doing

#### Q&A with Jan

A mother has her child development questions answered by Jan... the answer? Anchors! Read on for the full scope.  
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#### The Gift of Friendship

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# NLP Level ONE

Thursday Nights 7pm - 10pm

**May** 2 Class 1 **FREE INTRO**  
 9 Class 2  
 16 Class 3  
 23 Class 4  
 30 Class 5

**June** 6 Class 6

**July** 11 Class 1 **FREE INTRO**  
 18 Class 2  
 25 Class 3

**August** 4 Class 4  
 8 Class 5  
 15 Class 6

**September** 5 Class 1 **FREE INTRO**  
 12 Class 2  
 19 Class 3

**October** 3 Class 4  
 10 Class 5  
 17 Class 6

## Level ONE Weekend

**June** 28 Fri. 7pm - 10pm **FREE INTRO**  
 29 Sat. 10am - 6pm  
 30 Sun. 10am - 6pm

**October** 25 Fri. 7pm - 10pm **FREE INTRO**  
 26 Sat. 10am - 6pm  
 27 Sun. 10am - 6pm

**NLP Level ONE Tuition: \$625**

**Free Repeat Privileges!**

Call us today! 972-931-9984

## A student recently asked Jan about using NLP in specific ways with her two small children...

### Student:

Hey Jan :) I am curious... I've been working with my daughter on her numbers 1-5, her auditory like you said you did with your grandson where we go outside and I listen for them to identify the sounds we hear and the colors the last few days incorporating all channels into each thing we are practicing.

With numbers we practiced by using Easter eggs by showing her flash cards with a number, then I asked her to put that amount of eggs into her bucket for Mommy, so it's a game. With colors she would point them out but was reluctant to verbalize them... and also at first she was a little irritated and would say "I'm tired Mommy".

We are also starting to get my son excited about reading because he is so smart and when he learns so fast it's something he's good at and retains it well. I'm finding with reading he gets frustrated and doesn't really enjoy it... I guess what I'm asking is *what is the best way to get him excited about learning and enjoy it?*

### Jan's response:

Anchor what they already enjoy repeatedly (half a dozen times). Then, fire that anchor when they begin to learn something new.

Have you ever found yourself in perfect synchrony with another person, where the beneficial outcome seemed to flow from rapport that was somehow established so naturally?

NLP is the science devoted to determining how those moments of excellence occur. The aim of NLP is to make successful thinking and living a conscious choice, rather than an unconscious accident.

NLP is derived from studying how top people in different fields obtain their outstanding success. NLP is a practical model for understanding the thought processes of yourself and others and it is also a powerful set of skills for responding effectively in the world.

Richard Bandler says "One of the most important things you get from NLP is to discover that it is by connecting learning and having fun together, that you make changing pleasant. When people connect change and pleasantness, you will notice it happens easily, quickly and automatically builds upon itself to motivate people to be more attracted to it".

In little more than two days or six weeks you will gain the extraordinary ability to create your world the way you want it to be. We will show you how to install new behaviors in yourself and others.

Come and learn how easy it is for you to communicate, create rapport and develop trust with those that are important in your life! Take that first step to a better life and get involved NOW in NLP for yourself.



Anchor's aweigh! What do you want MORE of?  
*"The secret of change is to focus all of your energy, not on fighting the old, but on building the new."*  
 Socrates

# Master Practitioner Certification Training

*This is a series about creating possibilities where previously there were none.*

This **Master Practitioner Series** is about **expanding** your personal models of reality and **achieving** new levels of success and productivity. Directing the process of generalization and the creation of beliefs gently creates changes which easily last a lifetime.

## DIAMONDS IN YOUR MIND

MAY 25-27, 2013

*"This is the most important skills drills training for your subconscious mind to learn to use it consciously."*

V. Jan Marszalek

You have probably experienced how your **perception** directly affects and alters your **reality**. Diamonds In Your Mind combines deep inside work and NLP to give you tools to take control of your mind, your life and **maintain balance**. You will learn to tap into **alpha brainwaves** to boost your biological intelligence and produce rapid learning benefits.

We will show you methods that remedy physical pain and enable your internal localized anesthesia. You will build your intuition regarding healing self and others. Consider this a tune up of your energy body.

This class will build your desire, belief and expectancy in your goals and outcomes as you increase your skills of visualization and imagination. You will:

- ◆ Create a mental workshop full of useful tools
- ◆ Relieve stress using fast, effective relaxation
- ◆ Improve your memory and study skills
- ◆ Tap into energy reserves during the day, fall asleep easily at night and awaken feeling refreshed and relaxed by managing your internal state
- ◆ Develop skill and confidence applying your intuition to aid in every day situations
- ◆ And much, much more.

*Diamonds In Your Mind  
includes Free Repeat Privileges*

## META PROGRAMS, VALUES & BELIEFS

AUGUST 9-11, 2013

Richard Bandler first uncovered **Meta Programs** as they were observed in therapeutic interventions. These programs, or filters, determine *how an individual's personality is made up*. By understanding these patterns a communicator can package their language in ways that *match and pace the unconscious mind* of the listener. This creates levels of influence and rapport in powerful and impactful ways. Learn how these unconscious filters determine behavior, how they influence each other to expand choice, and how to adjust each filter in ways that balance and integrate to make change ecological.

**Values** and **beliefs** are the factors that determine how our Meta Programs are arranged to support our realities. Learn how to find your values and beliefs that limit performance and resolve any conflicts to build verbal congruency in thought and action. Learn also how to change beliefs and reorient values in ways that contribute to your being able to assist yourself and others in achieving goals.



**SEE it...  
HEAR it...  
FEEL it...  
BE IT!**

### MASTERY SCHEDULE

Friday 7 PM - 10 PM

Saturday & Sunday 10 AM - 6 PM

Invest \$600 per weekend into your growth!

Call us today! 972-931-9984

### *We Learn By Doing*

Not many years ago I began to play the cello. Most people would say that what I am doing is "learning to play" the cello. But these words carry into our minds the strange idea that there exists two very different processes: 1) learning to play the cello and 2) playing the cello. They imply that I will do the first until I have completed it, at which point I will stop the first process and begin the second. In short, I will go on "learning to play" until I have "learned to play," and then I will begin to play. Of course, this is nonsense. There are not two processes, but one. We learn to do something by doing it. There is no other way.

*John Holt*

## 12-Hour Belief Change Workshop

The Belief Change Workshop is not about learning NLP. It's about *discovering what beliefs are running your life and changing them, if desired*. It is a quiet, introspective day in which You meet YOU. The content is yours alone, so you feel safe exploring depths of yourself that you may not have reached before.

All of us have areas of our lives that don't work quite as well as we would like them to work. According to experts, we make all of our life decisions in the first few years of life. These choices are then adapted to our "perceived" image of ourselves. Whatever doesn't fit what we "want to see" goes into our unconscious behavior and prevents us from reaching our goals. Have you ever had the experience of saying or doing something you wish you hadn't? This is a glimpse into the unconscious.

This workshop is designed to bring you back along your own life track and discover how these choices were installed, then we do the necessary NLP Change

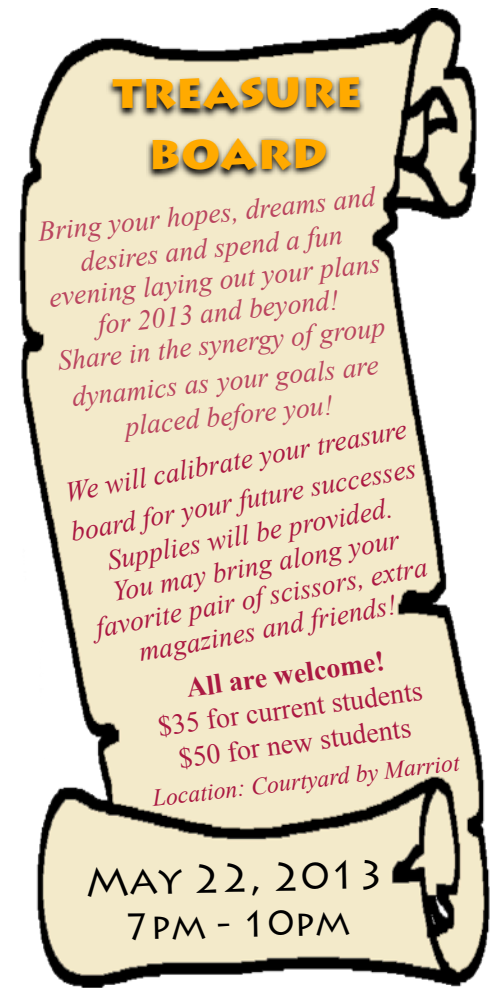
Work on you to dissolve these blocks in your life, if desired.

Graduates laugh and tell us that their lives are different and that for months afterwards they continue to have many powerful insights as a direct result of these experiences.

*"I am not affected by MANY of the things that used to bother me. The negative tapes in my mind are gone AND there are positive messages now inside my head. These new tapes say things like: it's not about me; it's about them; it really doesn't matter; I'm great!--stuff like that. It's wonderful!" A. M. V.*

**The next Belief Change Workshop is**  
**Friday July 19th 7pm - 11pm and**  
**Saturday July 20th 9am - 9pm**  
**Tuition: \$240**  
**COME & JOIN US!**

Call us today  
 and reserve your space!  
 972-931-9984



### The Optimist's Creed

- Be so strong that nothing can disturb your peace of mind.
- Talk health, happiness, and prosperity to every person you meet.
- Make all your friends feel that there is something in them.
- Look at the sunny side of everything and make your optimism come true.
- Think only of the best, to work only for the best, and to expect only the best.
- Be just as enthusiastic about the success of others as you are about your own.
- Forget the mistakes of the past and press on to greater achievement in the future.
- Wear a cheerful countenance at all times and give every living creature you meet a smile.
- Give so much time to the improvement of yourself that you have no time to criticize others.
- Be too large for worry, too noble for anger, too strong for fear, too happy to permit the presence of trouble.

*(Editor's Note: Great things to anchor in as resources)*

Christian D. Larson.

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### The Gift of Friendship

I started my APCT course hesitant. It

was a time in my life when I felt truly blessed for everything I ever dreamed of: the perfect relationship, a wonderful new job, financial stability, health, family, and friends. I finally had it all! So why would I want to spend more time, energy and money to make my life even more perfect?

I surrendered to the soft, gentle but persistent little voice inside my head, nudging me to take the Practitioner class. I wrote out my well-formed outcomes and I started digging deeper into what I thought were my limiting beliefs. I was thrilled to find out that some of my good friends enrolled in the class and I quickly made new friends as well. I haven't had so much fun since childhood! I was still not sure why I was taking the class but I was happy to go with the flow and to share this amazing journey with some of my dearest friends!

Out of the blue, the last weekend of the class brought a lot of turmoil and the smooth flow of energy got stuck! Sweet friendships turned sour and I finished the class with a lot of confusion. Something was missing and it took me almost six months of curious introspection until I heard that little voice inside my head again, this time loud and crystal clear. It told me that the reason I took the Practitioner class was not to have more money, better relationships or any other outcomes that I wrote down.

It was the understanding that some friends are meant to enter our lives for a reason or a season and the friendship we build with that little voice inside, lasts a lifetime... that is the *real* reason I took the Practitioner class.

What is yours? Are you open to endless possibilities?

Dr. Alina Olteanu

# Aloha Hawaii

Our Hawaiian Huna Trip is by far the most spiritually rewarding program we offer. New teachings, wisdom, profound insight and something new is gained for every one, every time. Join us as we house you, cook for you, transport you around the island, teach Huna and more. This will be a wholesome, enlightening journey.

It is the trip of a lifetime. Send in your deposit today and reserve your space with this very special group. Investment is \$3,267.

*A Hui Ho,  
Malamo Pono  
Malamo Pono  
Malamo Pono*

## CALENDAR OF EVENTS

### May

- 2 Level One #1 **FREE INTRO**
- 9 Level One #2
- 16 Level One #3
- 17-19 APCT Weekend #2
- 22 Treasure Board
- 23 Level One #4
- 25-27 MPCT: Diamonds In Your Mind
- 30 Level One #5

### June

- 6 Level One #6
- 21-23 APCT Weekend #3
- 28 Level One **FREE INTRO** to NLP
- 28-30 Level One Weekend

### July

- 11 Level One #1 **FREE INTRO**
- 18 Level One #2
- 19-20 12-Hour Belief Change Workshop
- 25 Level One #3
- 26-28 APCT Weekend #4

### August

- 4 Level One #4
- 8 Level One #5
- 9-11 MPCT: Metaprograms, Values, Beliefs
- 15 Level One #6
- 23-25 APCT Weekend #5
- 31 MPCT: Diamonds In Your Mind

### September

- 1-2 MPCT: Diamonds In Your Mind
- 5 Level One #1 **FREE INTRO**
- 12 Level One #2
- 13-15 APCT Weekend #6
- 19 Level One #3
- 24-30 Hawaiian Huna Training

### October

- 3 Level One #4
- 10 Level One #5
- 17 Level One #6
- 11-13 MPCT: Submodalities/Metaphors
- 25 Level One **FREE INTRO** to NLP
- 25-27 Level One Weekend

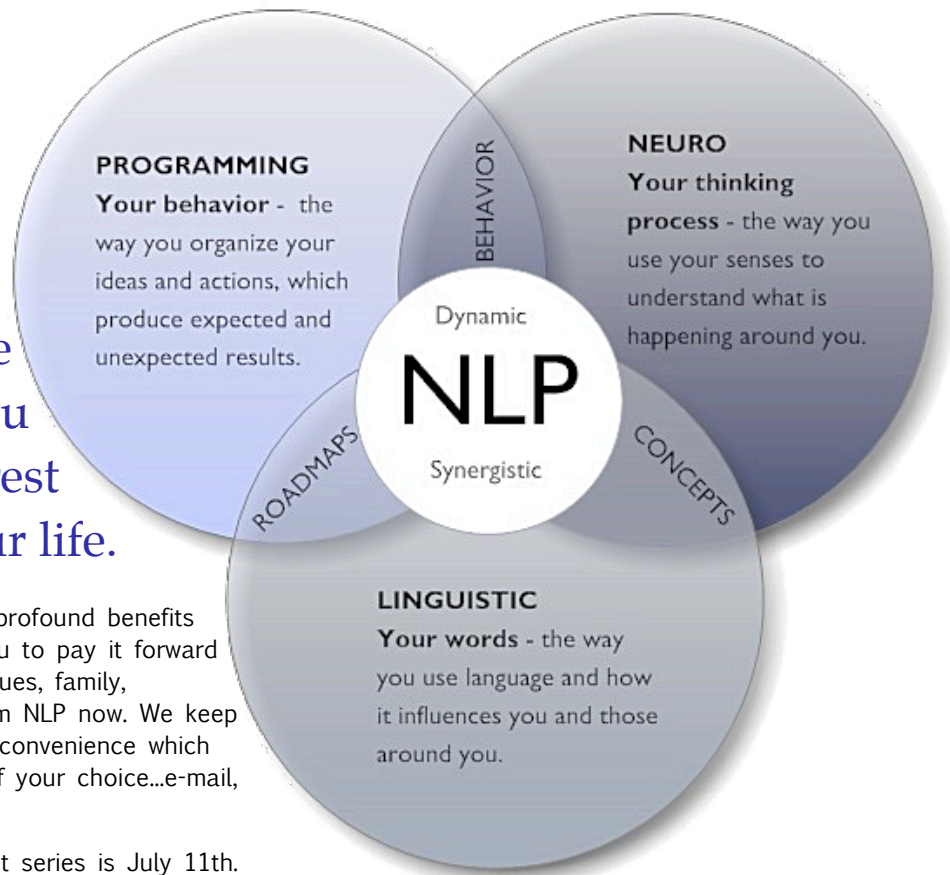
*NLP* is not just for  
today's outcomes.  
It is *yours* to use,  
always.

It is absolutely one of the  
most significant toolkits you  
will have for the rest  
of your life.

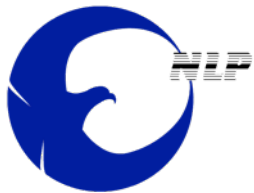
Chances are you have experienced the simple yet profound benefits of Neuro Linguistic Programming. We encourage you to pay it forward by sharing this newsletter with your friends, colleagues, family, relatives and others who you know can benefit from NLP now. We keep copies of each newsletter on our website for your convenience which you are welcome to share online in any medium of your choice...e-mail, instant message, social media post, you decide.

The next FREE INTRO to NLP for the Thursday night series is July 11th.

The Friday night of the Level ONE weekend is also a FREE Introduction. Join us on June 28th, 2013.



May 2013



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